

This Program is Your Opportunity to:

- Discover your natural gifts and develop the courage to utilize them.
- Learn skills of communication and intimacy. Create honest, open and fully bonded relationships. Your life will open to the next level of success.
- Develop your Intuitive Awareness and allow your inner guidance to show the path of natural ease and abundance.
- Partner with the Creator and open your heart to spirit. Discover the Creator's plan for your total happiness.
- Explore the Destiny your spirit has chosen for this lifetime. Awaken to your essential radiant nature now. Develop a clear mind and a compassionate heart.

Your Destiny Awaits You...

The Destiny Programs

This exciting program has evolved over the past ten years in B.C. and is now offered in Alberta. The trainings includes weekend and seven day workshops, plus individual mentoring, group meetings, and weekly inspirational focus tapes. The primary focus is the creation of a safe, supportive environment to come alive and heal in Body, Heart, Mind, and Spirit.

Your greatest gift to the world is the awakening of your True Self, full of heart, inspiration, passion and vibrant energy. In truly becoming yourself, heartfelt dreams and ideals begin manifesting as your reality. A dynamic partnership with Spirit will create an exciting adventure as you become more radiant with inner light and expanded consciousness.



Insight Counselling & Training Inc.



Henri McKinnon – Director

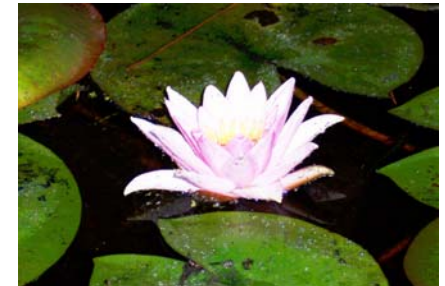
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The Destiny Programs



*The Destiny Program is a Dynamic,
Intensive seven-month self-healing
and self discovery opportunity.*

Spring 2006
B.C. & Alberta

THE DESTINY PROGRAM Year 1: Self-Discovery

Statement of Intent: To awaken the power within each individual to change, mature, transform and heal with the support of the staff in the Destiny Program.

This first year is presented in two parts. The Spring Destiny Program is a dynamic, four-month program full of opportunities for healing and self-discovery. It offers three 3-day workshops and one 7-day with Henri McKinnon. The program includes individual mentoring, the support of the group meetings, weekly inspirational CD's, and a journal. We focus on providing a safe, confidential, encouraging environment. The letting go of patterns allows your body, heart and mind to come alive and start functioning at higher levels. Releasing what no longer serves you allows change.

The second part of Year 1 is a 3-month Fall program beginning in September. As your commitment to integrity, self-acceptance and healing deepens, you recognize the principles that generate success, open communication, and a genuine sense of good fortune, affluence and love.

Individuals may begin the Destiny Program in either the Spring or the Fall.

For more information contact:

Henri McKinnon, Program Director (250) 347-9112

In Kelowna: Tom & Terry (250) 868-1487

*In Calgary: Michelle (403) 870-5002
and Sheila (403) 685-3051*

In Red Deer: Sylvie (403) 346-2871

In Edmonton: Jean (780) 439-8138

THE DESTINY PROGRAM Year 2: Leadership

Statement of Intent: To awaken your conscious connection to Higher Mind and accept your true identity as an infinitely powerful Being guided by the radiant presence of Spirit.

In 2006, Year 2 will consist of a four-month Spring program and a three-month Fall program. Graduation from the Destiny Year 1 program guarantees entrance into the Year 2 programs.

The call to leadership is both exciting and challenging. The path of leadership demands that you take responsibility for everything you have created and change what does not serve your true self. You learn to honour your family, and live within the light of Spirit's guidance. You step to the center of your life and choose a real life rather than being held back by victim stories. The willingness to step through your fears, pain or illusions to fulfill your deepest commitments is a valuable modeling for those you love or serve.

Year 2 is all about creating a better life—one based on love, confidence, commitment and service. A leader will only be trusted to the degree that he or she displays integrity. Greater self-love and the adoption of self-discipline allows one to mature more quickly, removing roles that have robbed you of conscious choice and true action, leaving you with an open heart and an expansive mind.

Leaders become partners with everyone

THE DESTINY PROGRAM Year 3: Fulfilling your Destiny

Statement of Intent: To follow the callings of your soul, the purposes you chose for this lifetime. To awaken to the infinite love of the Divine within and the joy of fully sharing your limitless gifts with the world.

Year 3 is normally only undertaken by Senior Graduate students and Mentors, and is the choice to surrender to your soul's most creative callings—a path of great happiness and blessings for all. The question explored in depth this year is, "Who am I truly?" and "How am I called to serve?" Your commitments bring new joy. Your attachments fall away as you have experiences of Divine love. Opening your mind to grace develops the gift of Vision.

Year 3 brings one to a crossroads. With years of healing, transformation and awakening comes a remarkable sense of freedom. What choices of career, relationship and lifestyle appeal to your heart, mind and soul? The goal is to have sufficient courage to take the high road of enlightenment and the heart paths of compassion and service. Only the inner voice of wisdom and the quiet voice of Spirit can take you past the distractions of the world to the peaceful presence of the Beloved.

In Year 3 you will be asked to share your gifts within the group and beyond, and to contribute in various ways to the leadership and evolution of the Destiny Programs.

Year 3 will normally extend beyond the time frames of the 3-month fall and 4-month spring segments of the Destiny Program.

Please call Henri to discuss participation as an Intern, Mentor, or as part of the Leadership Team in Year 3